

Lesson Plan

Course Title

Career and Family Leadership

Lesson Title

Preparing for Multiple Life Roles

Practical Problem

What should be done about preparing for multiple roles?

References Used for this Lesson

Montgomery, Bette: *Career and Family Leadership*, University of Missouri-Columbia, 2002.
Instructional Materials Laboratory, University of Missouri-Columbia.

Family, Career, and Community Leaders of America, Inc., *FCCLA Programs, Planning Process*, Reston, VA 2002, FCCLA, Inc.

Alternative Assessment: A Family and Consumer Sciences Teacher's Tool Kit, Ohio State University, 1996. Vocational Instructional Materials Laboratory

Background Information for this Lesson

Career and Family Leadership, Content Module 6

External Alignment

Program Goal Addressed

(Use this area to identify how your program goal links to this lesson.)

Missouri Family and Consumer Sciences Competencies Addressed

G.4 Utilize FCCLA programs to prepare for multiple roles (Application)

Missouri Show-Me Goals/Standards Addressed

- 1.5 Comprehend and evaluate written, visual and oral presentations and works
- 2.3 Exchange information, questions and ideas while recognizing the perspectives of others
- 2.5 Perform or produce works in the fine and practical arts
- 2.7. Use technological tools to exchange information and ideas

National Family and Consumer Sciences Standards Addressed

- 1.3.2 Arrange a plan for individuals and families to select and develop skills in community activities
- 1.3.3 Determine skills that provide beneficial services to the community
- 6.1.6 Determine the impact of change in transitions over the life course

Internal Alignment

Course/Performance/Enabling Objectives(s) for Competency

1. Identify skills needed to prepare for multiple roles. (Application)
2. Identify skills gained by participating in FCCLA programs. (Application)
3. Compare skills needed to prepare for multiple roles with skills gained in FCCLA programs. (Comprehension)
4. Plan and carry out an FCCLA program that will help you gain skills to prepare for multiple roles. (Application)

Instructional Strategies

1. Identify skills needed to prepare for multiple roles. (Application)
2. Identify skills gained by participating in FCCLA programs. (Application)

Review "Role Definitions", p. 124, (*Career and Family Leadership*). Make a list of the multiple roles you presently have. Add to your list the roles you will assume in the next 10 years/20 years/40 years.

Divide into two groups. Group one will make a list identifying skills needed to prepare for multiple roles. Group two will make a list identifying skills gained by participating in FCCLA programs. Use "Characteristics and Skills Needed for Worker Success", p. 150-151 and "Things Your Boss 'Just Expects You to Know", pp. 160-161, (*Career and Family Leadership*) as thought starters. Keep in mind the role definitions and the roles you identified for yourself. Use round robin teams to identify skills needed for each list. Your list should contain one-word or short answers such as communication, conflict resolution, management, goals, follow through, get along, etc. Get all members of each group together and make a master list to display. Label your list "Skills Needed", and "Skills Gained". Hang the two master lists side by side. (Communication, Cooperation)

Questions for Discussion/Formative Assessment

1. *What are some roles that you have assumed now and will assume in the future?*
 2. *How did reviewing the role definitions help develop your list?*
 3. *How did your group make use of the sheets, "Characteristics and Skills...." and "Things Your Boss..."?*
 4. *What facts or ideas came to mind as the two lists were hung side by side?*
 5. *How could you use this information in preparing for your future?*
 6. *How could you use this information in your family? In school?*
 7. *How did using round robin help you communicate and cooperate in developing your list?*
3. Compare skills needed to prepare for multiple roles with skills gained in FCCLA programs. (Comprehension)

Use a marker to draw lines on the charts to match up the skills needed and the skills gained. Develop a chart similar to the one below. Make a list of all of the matches identified. Give an example of when and how each skill would be needed to prepare for multiple roles. Give an example of when and how each skill would be gained/learned in an FCCLA project.

Skill	Prepare for Multiple Roles	Gained through FCCLA
Communication	Share ideas with family, talk to employees/employer,	Presenting project ideas to team members, Clarifying what will take place
Follow through	With your marriage, your job, finances, commitments to friends	Starting a project and getting it done. Telling team members that you will do something and doing it.

Highlight five of the skills that you do well. Circle five skills that you would like to strengthen.

Write a short summary for each skill that you would like to strengthen. As a part of the summary state the skill, why you feel it needs strengthening, how you would like to strengthen that skill and what you could do through FCCLA to accomplish that goal. (Communication, Critical Thinking, Goal Setting)

Questions for Discussion/Formative Assessment

1. *Which was the most difficult for you to identify the five skills you do well or the five you would like to improve? Why?*
 2. *What thinking skills did you use to identify the five skills you do well and the five you would like to improve?*
 3. *How did you show your understanding of ways to improve yourself with the five skills you would like to strengthen?*
 4. *What would be the result if you accomplished the goals you set?*
 5. *How did writing the summary help you communicate/set goal for what you would like to accomplish?*
 6. *Why is it important to prepare for multiple roles?*
4. Plan and carry out an FCCLA program project that will help you gain skills to prepare for multiple roles. (Application)
Use the FCCLA Planning Process to plan and carry out an FCCLA program project to help develop at least one of the five skills identified in Instructional Strategy #3. Select a specific program to carry out your project such as Stop the Violence, Dynamic Leadership, Power of One, Leaders at Work, Career Connection, Financial Fitness, FACTS, Student Body, etc. Complete the recognition form to complete your project.

Develop a brochure that highlights the skill you selected to strengthen. In the brochure, tell why the skill is important to help prepare people for multiple roles, give examples of ways people can build or improve the skill, and ways the skill can be used now and in the future. Use the "Brochure Assessment", p. 109 (*Alternative Assessment*) to help develop the brochure. (Leadership, Communication, Management, Critical Thinking, Technology)

Assessments

Pencil/Paper:

1. Given a list of multiple life roles, identify skills necessary for each role. Give an example of how those skills would be used as a part of each role.
2. Identify five skills you would like to strengthen. Write a short summary for each skill. As a part of the summary, state the skill, why you feel it needs strengthening, how you would strengthen that skill, and how you could use FCCLA to develop or improve that skill. See Instructional Strategy #3.
3. Write a summary of what you learned as you carried out the FCCLA project in Instructional Strategy #4.

Classroom Experience:

1. Work together in groups to identify skills needed for multiple roles and those skills gained through FCCLA. See Instructional Strategies #1 and #2. Display the lists of skills in the classroom.
2. Make a list of the skills that appear on both lists developed in Instructional Strategies #1 and #2. Develop a chart to organize examples of how each skill prepares you for

multiple roles and is gained through FCCLA (See Instructional Strategy #3).

Application to Real Life:

1. Utilize the FCCLA “Planning Process” to plan and carry out an FCCLA program project to develop one of the five skills identified in Instructional Strategy #3. Select a specific program to carry out your project such as Stop the Violence, Dynamic Leadership, Power of One, Leaders at Work, Career Connection, Financial Fitness, FACTS, Student Body, etc. Complete the FCCLA Project Sheet to evaluate your project. Provide a written summary of how you improved/developed the skill you selected.
2. Develop a brochure that highlights the multiple role skill you selected to strengthen. In the brochure, tell why the skill is important to prepare people for multiple roles, give examples of ways to build or improve the skill, and ways the skill can be used now and in the future. Assess the brochure with “Brochure Assessment”, p. 109 (*Alternative Assessment*).